



International League
of Dermatological Societies

2nd ILDS World Skin Summit

Skin Health for the World

Report *Advance Edition*

Ho Chi Minh City, Vietnam

10-12 June 2018

Local Collaborating organisations:
The Vietnamese Society of Dermatology and Venereology
The Ho Chi Minh City Hospital of Dermato-Venereology

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Introduction

I am delighted to share with you this report on the ILDS' 2nd World Skin Summit (the Summit), held 10-12 June 2018 in Ho Chi Minh City, Vietnam.

The ILDS is in a unique position to provide strategic leadership and representation to dermatologists on a global scale. The Summit provided an opportunity to bring together our Members and discuss how to achieve our collective vision of Skin Health for the World.

Ho Chi Minh City provided a vibrant backdrop for lively discussions and, as the Summit progressed, it became clear that whilst every country has its own unique context there are some commonly experienced challenges which we all face.

We were pleased to welcome the leadership of so many ILDS Members to what was a truly global event. The 113 participants were from 40 countries. Almost 70% of the delegates were from the Asia Pacific; Latin America; and South Asia, the Middle East and African regions.

The programme included five plenary sessions and four workshop sessions. Through the Summit members shared information on dermatological issues relevant to them and provided useful insights and shared learning on how challenges could be addressed.

This report shares highlights of the Summit and a summary of the themes and topics addressed during the event along with some delegate reflections on the Summit. Delegates had many recommendations to take ILDS' work forwards which are being considered and which will inform the development of our future plans.



We would like to thank all those who contributed to make the Summit not only possible but a stimulating and dynamic event.

Firstly, to our Partners and Sponsors who are acknowledged on page 14 of this report for your support and contributions to the Summit and with special thanks to Professor Trần Hậu Khang and the Vietnamese Society for Dermatology and Venereology who provided wide ranging support in the Summit's development as well as treating us to a wonderful spectacle of music, singing and dancing from different regions of Vietnam.

We extend our sincere thanks to ILDS Members who gave generously of their time and expertise to chair and present during the event.

And last, but certainly not least, our thanks to all the delegates for sharing your experiences, expertise and perspectives. We would like to thank each and every one of you for your enthusiasm and commitment to our collective vision of skin health for the world.

Professor Harvey Lui
ILDS President

Member Expectations

In preparation for the 2018 ILDS World Skin Summit we surveyed ILDS Members regarding the challenges and issues they face. We also sought to learn more about Members' expectations of the Summit.

Main dermatological challenges/issues:

- Visibility of dermatology
- Shortage of dermatologists
- Lack of recognition of the specialty
- Problems with access
- Training
- Rare/neglected diseases
- Non-dermatologist practitioners

Top three Summit expectations:

1. Develop common strategies to improve global skin health
2. Meet with fellow dermatology leaders, share experiences and strengthen networks
3. Learn more about ILDS strategies, projects and collaborations

The survey results helped shape the Summit Programme.

The Programme Committee comprised of all ILDS Board Members along with two regional representatives: Trần Hậu Khang (President, Vietnamese Society of Dermatology and Venereology) and Steven Chow (Secretary-General, Asian Academy of Dermatology and Venereology). The Committee was chaired by Harvey Lui, ILDS President with the support of Jean Bologna, ILDS Secretary-General, and Brigitte Dréno, ILDS Treasurer, as co-chairs.

100% of Summit evaluation respondents indicated that the Summit met their expectations and 69% of those considered that it exceeded their expectations.

Summit Objectives

The Summit Programme was designed to provide a collegial forum and to give delegates the opportunity to:

Identify challenges and develop skills and knowledge to tackle challenges in their countries and/or disease areas through mutual exchange and capacity building opportunities

- Elicit updates on current challenges in skin health around the world, and how ILDS and peers can support each other to address them
- Provide educational examples of successful strategies in different areas of dermatology
- Define common philanthropic activities
- Enhance understanding via exchange of experience and case studies

Meet fellow dermatology leaders and healthcare stakeholders from around the world, while sharing experiences and strengthening networks for ongoing activities

Develop common strategies for ILDS and Member Societies to assume a leading role in improving global skin health

- Increase the awareness and understanding amongst Member Societies of the ILDS' Strategic Plan
- Stimulate support for and engagement in current initiatives such as World Skin Health Day
- Develop new projects and collaborations to be launched at the World Congress of Dermatology 2019

100% of Summit evaluation respondents indicated that they considered that the Summit met its objectives with 65% considering that it exceeded them.



Programme Summary: Plenaries

Themes and topics

The Programme focussed on key issues and strategies relevant to ILDS' Members with the goal of working together towards a vision of attaining the best possible skin health for all people around the world.

The programme took delegates on a journey to explore different relevant issues which had been identified by members in the planning of the event. These ranged from exploring the evolving role of dermatologists and the scope of service delivery for skin conditions through to the priority issues in humanitarian dermatology, such as rare and neglected diseases and under-served patients in resource-poor settings.

Each session was designed to highlight the knowledge and expertise of representatives from dermatological societies. The interactive programme of plenary and workshop sessions benefited from the contributions of over 30 member society representatives as speakers and chairs. Originating from over 20 countries, their varied knowledge and experiences stimulated dynamic discussion and debate.

Plenary Sessions

The first plenary session, **Getting to know the ILDS: What we do and why** provided an introduction to the aims of the ILDS and the scope of ILDS' work. Core activities and projects highlighted included: ILDS' work with the World Health Organization (WHO) and the International Foundation for Dermatology (IFD) as well as key initiatives such as the Global Psoriasis Atlas and World Skin Health Day. Societies were interested in how they can get involved in ILDS projects.

Theme-based plenary sessions tackled pertinent and timely issues:

The future of dermatology: Threats and opportunities

This session considered the future of dermatology focussing on the global challenges that it faces due to changing demographics, developing technologies and evolving environments in the context of chronic diseases. It considered the challenges dermatology societies face in different regions of the world in implementing policies and standards of care and the availability and use of new technologies and research. The practical presentations shared strategies and tools that member societies can use to develop or analyse approaches in the following areas: the use of online platforms in dissemination of educational information; engaging the public via different media outlets; the use of imaging-based technology for skin health; and the role of artificial intelligence in dermatology.

What are the truly unmet needs in dermatology? From neglected to rare diseases and beyond

This session considered the unmet needs in dermatology from neglected tropical diseases to rare diseases and other unmet needs leading to gaps in treatment and care. Examples from around the world were highlighted: treatment for leishmaniasis in the Middle East; leprosy management in India and Vietnam; building dermatology capacity during political instability in Mali; and addressing unmet needs in paediatric dermatology. Presenters shared information on the challenges and opportunities for dermatologists in these diverse areas along with proposals for solutions to address these challenges and useful tools which can be employed.

Preserving and promoting the discipline of dermatology: What can the ILDS do?

This session reviewed the current worldwide landscape of the discipline of dermatology. It considered the differences and similarities between the practice of dermatology in Europe, the United States of America, Asia, and Latin America including how to address non-accredited skin health providers and promoters. It also shared ideas on approaches for the ILDS to lead and/or assist member societies to preserve and promote the speciality.

In the final plenary session, **Feedback from workshops and defining a go-forward programme**, there was an opportunity to hear back from the four workshop sessions. Each group summarised the key discussion points in their groups followed by suggested actions for ILDS and/or member societies to consider taking forwards.

All presentations are available on the Summit website

WorldSkinSummit.com



Programme Summary: Workshops

Workshop Sessions

Workshop sessions, comprised of small groups, provided an opportunity to explore issues in depth and, through dialogue and debate, to propose actions for ILDS and/or member societies to consider.

Workshop 1: Removing barriers and increasing access to dermatological care

Delegates in this workshop acknowledged that access to dermatological services varies around the world and within countries but that there are also similarities. Presentations highlighted the situation and issues in different parts of the world. From the UK, the focus was on workforce planning. Belarus, Nigeria and Nepal highlighted a range of access issues, the role of teledermatology, the need for training and education and the cost of medication. The final presentation, from Australia, dealt with the challenges of access to dermatologic care in rural versus urban settings.

Actions proposed: integrate teledermatology with dermatologists at the local level; advocate to governments alongside partners such as patient groups; and share educational programmes.

Workshop 2: Training and education: needs and solutions

This workshop considered unmet needs with respect to training and education in different areas of the world and issues around global access to educational and training resources. Presentations highlighted the Asian experience of improving dermatology residency training; how much dermatology needs to be taught to generalist physicians and other health professionals; and how the ILDS can play a role in facilitating the access to/sharing of educational resources worldwide.

Actions proposed: to foster regional dermatology fellowship training programmes and digital platforms for easy access to education; to define the minimal criteria for being a board-certified dermatologist (applicable worldwide); and to update the definition of a 'dermatologist'.

Workshop 3: The scope and challenges of evidence-based care

This workshop focussed on the lack of information on the prevalence of important dermatological diseases; the need to record outcome measures; and their application to guidelines; and the use of evidence-based care for better treatment. Presentations considered what epidemiologic information currently exists for important dermatologic diseases, evidence-based medicine from a global perspective and the role of the ILDS in the governance of guidelines. The majority of participants considered that the ILDS should promote the use of recommended guidelines for important diseases but should not draft guidelines itself.

Actions proposed: recommended guidelines should be chosen by a committee of experts of the ILDS; individual societies should become more involved in registries of rare non-infectious skin diseases; and ILDS should facilitate information sharing.

Workshop 4: Global Volunteerism: Addressing the challenges in global and national skin health

This workshop considered how dermatological societies can undertake humanitarian work and dermatological volunteerism at all healthcare levels in disadvantaged communities. Presentations considered the role of volunteerism in the Regional Dermatology Training Centre (Tanzania) and volunteerism after a long-term war (Cambodia). It also examined the potential for developing strategies to support dermatologists who work with refugees and to consider collaborative programmes between institutions from different regions of the world.

Actions proposed: to develop an online database to match centres requiring aid with volunteers; to collate data on the impact of volunteer engagement and document how to develop a sustainable programme; to promote the inclusion of a global perspective on skin health in dermatology curricula; and to build awareness of how health needs assessment of countries can change with the entry of refugees.

“It gave me ideas on how to better educate our public on who we are and what we do”

**Agnes Heng
Dermatological Society
of Malaysia**

82% of Summit workshop evaluation respondents considered that the workshops were very good or excellent

“It was useful to share strengths and weaknesses - to learn the pitfalls of the programmes that have been tried by other Member Societies”

“Interesting to observe most countries have the same problems and that we need to discuss them together so that we can find solutions for us all”

“The moderators were excellent in stimulating discussion”

“The discussion was uninhibited and focused on an area of dermatology (Global volunteerism) unfamiliar to me”



“I thought the whole program was interesting, I especially enjoyed having enough time for great audience participation - it was so interesting listening to the diversity of views”

Tim Wills
Australasian College of Dermatologists



“All the sessions were outstanding”

Valeria Aoki
Brazilian Society of Dermatology

“A forum to meet face-to-face with ILDS board members and other colleagues from other societies and exchange ideas and experiences”

Farhad Handjani
Iranian Society of Dermatology



“Seeing dermatology issues from many different perspectives through the experience of various developed and resource-limited countries”

Carlo Pincelli
European Dermatology Forum



Summit Bursary Programme

The ILDS has a global reach and is committed to encouraging the participation of Members from all ILDS world regions. Therefore, the ILDS initiated a Summit Bursary Programme which supported six Member representatives who would otherwise not have been able to attend the Summit. Three bursary recipients report on their experience of the Summit here.

Uladzimir Adaskevich
President, Belarusian Society of Dermatovenereologists and Cosmetologists

All topics of the Summit were related to the most significant and urgent problems of dermatology. It has become especially clear that, despite all possible regional differences, dermatological societies have many problems in common and that cooperation between dermatological societies is needed to overcome them. In this respect, communication within the global dermatological community plays a decisive role in strengthening the authority of dermatology and ensuring its future as an important discipline for the health of nations.

As a head of the dermatovenereological department of Vitebsk State Medical University, I was very interested in the topic of teaching and education in dermatology. In our Eastern European country, there are many students from Africa, India, Sri-Lanka and the Middle East. It was very useful to listen to the reports of colleagues from these countries and to obtain first-hand information about the most urgent dermatological problems in their regions.

It will ensure that we will pay special attention to the treatment and care of the corresponding diseases as part of the lectures and practical classes for our foreign students.

At the forthcoming National Congress of dermatologists and cosmetologists in Minsk in September 2018 I am going to inform my colleagues about new approaches for access to dermatological health and medical skin treatments, including opportunities of mobile teledermatology, which were presented and discussed at the Summit and which are of great interest to the members of Belarusian Society.

In general, I was greatly impressed by the organization of the Summit and inspired by it to engage in further activities related to improving dermatological education, clinical care and research in my country.

“It was enlightening to learn and share with my colleagues that many of problems we face in our country are globally experienced problems”

Dr Maria Encarnacion R. Legaspi
President, Philippine Academy of Dermatologic Surgery Foundation Inc

Shristi Shrestha
President, Society of Dermatologists, Venereologists & Leprologists of Nepal

When I first read the email regarding 2nd ILDS Summit I was unsure whether to attend it or not. The thought that it was being held in an Asian country not too far away and the fact that at the next summit I would not be the President of our national society made me think twice before I rejected. Besides, my colleagues had shared wonderful experiences of the 1st ILDS Summit in Berlin. So, I thought I should attend the summit with the aim of meeting and interacting with dermatologists from developed countries, learning from their experiences and looking for opportunities to collaborate, especially in research. Getting the bursary made my planning easier and when I was asked to give a presentation on the title “Access to Dermatological care in Nepal” I thought my visit is a must. I thought this would be a perfect opportunity to present the real scenario of dermatology care in an underdeveloped country like ours.

There was a feeling of nervousness when I entered the hall the first evening. But I was overwhelmed by the friendly environment present there. Interacting with the distinguished dermatologists from around the world was the greatest achievement. They were so humble and congenial. We talked about the challenges we are facing and the chances of collaboration. In the workshop titled “Removing barriers and increasing access to dermatological care” I listened to the presentations made by representatives from other societies and I realized that the scenario of dermatology care even in developed countries is somewhat similar to ours - like the concentration of dermatologists in the urban areas and the attraction of the younger dermatologists to cosmetology.

Unlike the regular conferences we attend, there were no presentations on dermatology diseases in this summit but it was a great forum to learn about the other aspects of dermatology.

You can find articles from other Bursary recipients on www.WorldSkinSummit.com



Grace Chita Okudo
President, Nigerian Association of Dermatologists (NAD)

I wanted to attend the ILDS World Skin Summit because I felt that my Association and I would benefit from the experiences of the leadership of other Sister Societies associated with ILDS. The ILDS has a membership of over 170 organisations spanning 80 countries, and the Summit would likely bring all these organisations together and would be a good platform to network.

Rare tropical dermatological disorders have been areas of focus in our Association and I was happy to learn that the ILDS was also looking into these conditions and exploring ways to tackle these disorders.

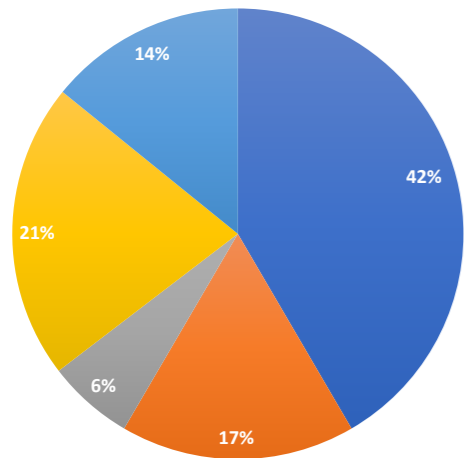
The shortage of dermatologists is not peculiar to my country, although highly relative. From the shared experiences of members from Sister Societies, I learned that the distribution of dermatologists tends to cluster in the cities, leaving the rural areas unattended. We have to think outside the box and find the solution; the NAD has started doing this.

The impact the Summit had on me is immense. The ILDS is interested in the success of the NAD and all its Members. It is a good platform for networking and linkage. The Bursary Award is also a good innovation that is highly commendable.



Who came and what they thought

Delegates attending by region



- 113 Delegates
- 50 ILDS Member Societies
- 40 Countries

We are delighted that such a wide range of ILDS Members were able to attend the Summit. Almost 70% of delegates were from Asia Pacific, Latin America and the Middle East, South Asia and Africa.

Overall delegates' experience of the Summit was very positive with 95% rating it very good or excellent. 100% of delegates stated that that Summit met or exceeded their expectations.

"Overall a very unique and interesting meeting"

"An opportunity to connect/network and share/learn about joint issues that challenge us all"

"Excellent interactions of different leaders. A good venue for dermatology update and what is happening around the world. The speakers were great!"

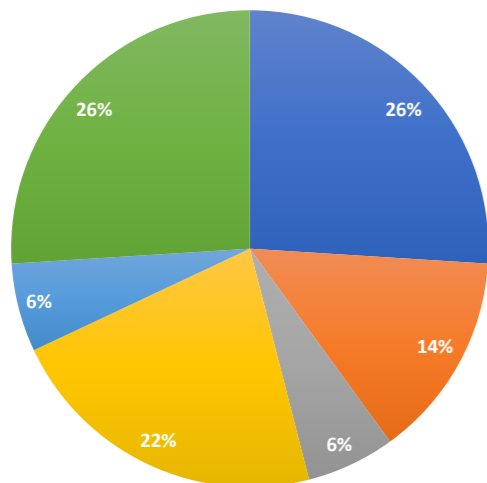
For some there was not enough time, and there were suggestions that future Summits should be extended or held on a more regular basis.

The Summit was a great opportunity to meet people face to face. It was suggested that future meetings could be live streamed or recorded in order to reach more people around the world.

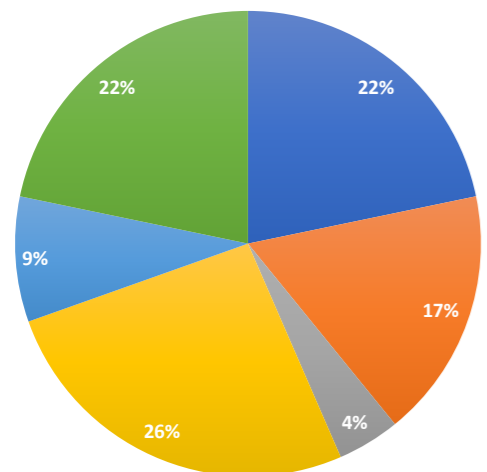
Legend: ILDS Regions

- Asia Pacific
- Europe
- Latin America inc Caribbean
- Middle East, South Asia & Africa
- USA & Canada
- International (ILDS Affiliated Members)

ILDS Members represented at the Summit by region



Invited speakers representing ILDS Members by region



Sharing the experience

An important outcome of the Summit is that delegates can take back to their Societies what they have learnt and share their experiences with others.

These ranged from specific issues such as **positive and negative aspects of tele dermatology and areas to include in the resident training programmes** to more general themes including **a better understanding of ILDS' mission and what it is they are seeking to accomplish, the role of AI in Dermatology, and the scope and challenges of dermatology in different regions.**

The Summit was shared live on social media. Catch up on what happened via Twitter, Facebook and Instagram with @ILDSDerm #WorldSkinSummit

Lessons learnt

"The importance of our continual engagement with ILDS and a more active role going forward"

"I will emphasize to our members the need to make further contributions to skin health for the world"

"Numerous opportunities to develop our society though ILDS networks. Important to increase ILDS visibility"

"How other societies with similar health issues overcame them. Ideas for next DermLink application"



Thank You

We would like to extend our sincere thanks to our Partners and Sponsors who contributed to the 2nd ILDS World Skin Summit.

Local Collaborating Organisations

Vietnamese Society of Dermatology and Venereology

Ho Chi Minh City Hospital of Dermato- Venereology



Summit Sponsors

AbbVie

Pierre Fabre Dermo-Cosmétique



Conclusions and Next Steps

The Summit was successful in its aim to provide a collegial forum for sharing knowledge, identifying challenges and, through discussion and debate, proposing tangible actions to work towards our common goal of skin health for the world.

There was general consensus on the following:

- Now, more than ever, in a world where there are so many changes occurring (demographic, technologic, economic, political and environmental), there are threats and opportunities for the profession of dermatology which the ILDS is uniquely able to address.
- Progress towards our common aims cannot be made by any one person or society and ILDS and its member societies must work together and with other key partners.
- There is a strong desire within the ILDS membership to grow and to contribute to build the work of the ILDS in order to provide a coordinated approach to address and progress global dermatological issues and, thereby, achieve the ILDS vision of skin health for the world.
- Sharing resources and information is an important role that the ILDS can undertake to support dermatologists around the world and particularly in under-served regions.
- Advocacy and influencing global health policy work (for example with the World Health Organization) is a core strategy for the ILDS.

Next steps

Throughout the Summit plenary and workshop sessions, delegates shared concrete proposals for how ILDS and dermatological societies can work towards a vision of skin health for the world.

The Summit has provided ILDS with rich information on the issues affecting Members around the world as well as feedback on existing ILDS activities and ideas for new ILDS activities. This information has been recorded and will be considered in the context of ongoing activities. In addition, it provides valuable information which will feed into our plans for 2019 and into the development next year of the ILDS Strategic Plan for the period 2020-2023.



Resources

One of the ways that the ILDS supports Members is through provision and sharing of resources. Below is a list of some relevant resources.

- **2nd ILDS World Skin Summit: Skin Health for the World Programme** where you will find the full agenda and session details.
- **Addressing Challenges in Global Skin Health: A Directory of Member Society Initiatives** - A special compendium of initiatives undertaken by ILDS Member Societies to support and enhance dermatology around the world. This publication was launched in conjunction with the 2nd ILDS World Skin Summit on 11 June 2018.
- **2nd ILDS World Skin Summit Presentations** from all sessions are available to view on the WorldSkinSummit.com website, providing a substantial source of information on the work of the ILDS and Member Societies from around the world.
- **Videos of the Summit** are available online giving you a flavour of the event and highlighting some key points and topics.
- **ILDS Strategic Plan 2015-2019** outlines the ILDS goal to increase impact of the ILDS on skin health worldwide along with the specific objectives and activities currently being undertaken to address this goal.
- **ILDS Website** - our new website was launched in 2018 and provides comprehensive information about the ILDS and IFD and current activities and projects.
- **ILDS Glossary for the Description of Cutaneous Lesions** originally published (open access) in 2015 has now been translated and is available online in the ILDS Resource Centre www.ilds.org/resource-centre in French, Spanish and Portuguese with translations in further languages to follow shortly.
- The **Community Dermatology Journal** is a dermatology resource for healthcare workers in resource-poor areas, and provides up to date, relevant information on the diagnosis and treatment of skin diseases. The CDJ is available online on the IFD website as an open access journal. It is also published in print form twice a year with over 10,000 copies distributed to nearly 200 countries, free of charge. The CDJ is also published in French.



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